

# Using, cleansing & Storing Crystals

Congratulations on your new crystals.

Crystals can be used a number of ways depending on your needs, situation & lifestyle.

Crystals can be used in your environment; on your bedside table, hidden in a pot plant, placed on a coffee table or desk (these are just examples of the many possibilities. You can wear them on your person as a beautiful piece of Jewelry or in a safe pocket. When you Meditate or have a quiet moment through the day hold your crystal & let its transformative energy work through you just by remaining relaxed & receptive.

Store your crystals in wooden boxes once wrapped in silk cloth ideally...however if all you have is a tissue paper & a plastic box that would work too up to a point. Of course just leaving your crystals in an open dish somewhere is a good way to gain easy access to them when you need them as long as you are prepared to wash of the dust from time to time. Warm soapy water is ok most crystals (never for Halite or Selenite).

Energetic cleansing & re-energizing your crystals is simple. If you use a crystal for a number of days running ...it tends to pick up your energetic disruption or of your environment & it will need cleansing & re-energizing. The easiest way to both cleanse & re-energize a crystal is to place a crystal on clean grass in the shade of a tree in your garden. Alternatively place a crystal on a window sill in the moonlight each night. Another method is to bathe your crystal in a bowl of water which has had one drop each of lavender, Rosemary, Eucalyptus or Frankincense essential oil for 10 minutes minimum. If it seems oily after then a quick dip in soapy water is needed. (NB. don't use soap or water near Halite, Selenite or Pearls)

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